

Note: All information is subject to change. Please check resource before visiting. These resources do not constitute as endorsement of any business. This is for informational purposes only.

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Contents

		1
lor	neless Resources	10
S	helters & Food Banks	10
	Abundant Life Fellowship	10
	Adventist Community Services	10
	Antelope Springs Church Food Closet	10
	Auburn Interfaith Food Closet	10
	Bridgeway Christian Church Community Closet	10
	Calvary Chapel on the Georgetown Divide	11
	Calvary Chapel	11
	Celebration Church	11
	Celebration Family Worship Center	11
	First United Methodist Church	11
	Francis House Center	11
	Gathering Inn	12
	Green Valley Community Church	12
	Harvest Community Church Food Bank	12
	H.E.L.P (Housing Emergency Lodging Program)	12
	Interfaith Food Ministry	12
	Lazarus Project, Inc	13
	LEOA Foundation	13
	Life Community Church	13
	Lighthouse Rescue Mission	13
	Lincoln Amazing Grace Seventh Day Adventist Church	13
	Loomis Methodist Food Closet	13
	Lord Sabaoth Ministries	14
	Lutheran Social Services of NorCal	14
	Mather Community Campus	14
	Mosaic Christian Church Food Bank	14
	Mountain Folk Food Bank	15

	Next Move Sacramento	15
	Placer Food Bank	15
	Placer Food Bank: Free Farmers Markets	15
	Penn Valley Seventh Day Adventist Church	15
	Powerhouse Transition Center (Powerhouse Ministries)	16
	Rock of Roseville	16
	Rhema Christian Center	16
	Rolling Hills Christian Church	16
	Roseville Alamo Club	16
	Roseville Home Start	16
	Seventh Day Adventist Church	17
	Seventh Day Adventist Church	17
	Seventh Day Adventist Church	17
	S.H.A.R.E Food Closet	17
	Sierra First Baptist Church Food Bank	17
	Sierra Community House	18
	Sierra Reach Ministries	18
	St. Vincent DePaul	18
	Stand Up Placer	18
	The Salt Mine	18
	The Salvation Army	19
	Union Gospel Mission	19
	Upper Room Dining Hall	19
	Volunteers of America – Northern CA and Northern NV	19
	What Would Jesus Do Ministry	20
	Women's Empowerment	20
Sub	stance Abuse Treatment	21
	Acres of Hope	21
	Aegis Treatment Centers	21
	Alpha Oaks	21
	Azura Acres Pacayary Center	21

Bella Nirvana Center	21
Bi Valley Medical Clinic (BAART Clinic/MedMark)	22
Bridges, Inc	22
Buddy's House	22
California Recovery Center	22
Cedar Point Recovery	23
Center Point	23
Chapa De Indian Health	23
Chico Rescue Mission	23
Christian Encounter Ministries	23
Clean & Sober Recovery Services.	24
Clean & Sober Transitional Living, Inc (CSTL, Inc)	24
Colusa County Health & Human Services	24
Common Goals, Inc	24
CommuniCare Health Centers	24
C.O.R.E Medical Clinic	24
Delancey Street Foundation	25
Diamond House Detox	25
El Dorado HHSA	25
Elevate Addiction Services	25
Fourth & Hope (Walter's House)	25
Good News Rescue Mission	26
Granite Wellness Centers	26
His Way Recovery House	26
Hope, Help and Healing	27
Hope House (Placerville, CA)	27
House of Metamorphosis	27
Insights Counseling Group	27
Jericho Project	27
Joshua House Men's Center	28
Kaiser Permanente Alcohol & Drug Program	20

Lydia's House	28
Mather Addiction Recovery Treatment Services (ARTS)	28
Mercy Multiplied – Lincoln, CA Location	28
Nation's Finest	29
Nevada County Behavioral Health	29
New Dawn Treatment Centers	29
New Directions Counseling Association	29
New Start Recovery Solutions	29
Options for Recovery	30
Oroville Rescue Mission (New Life Recovery Program)	30
Pacific Educational Services (PES-ebs, Inc)	30
Pathways	30
Peach Tree Health	30
Placer County Re-Entry Program (PREP)	30
Placer County Substance Use Services – Screening Clinic	31
Powerhouse Transition Center	31
Progress House	31
Project Ninety	31
Recovery Happens Counseling Services	31
Recovery In Action	32
Recovery Now	32
Redwood Gospel Mission (Men's New Life Program)	32
Restoration Recovery Center	32
River City Recovery Center	32
Sacramento Native American Health Center	33
Sacramento Recovery (formerly D&A Detox)	33
Sacramento Recovery House, Inc	33
Sacramento County Alcohol & Drug Services	33
Saint John's Program for Real Change	33
Salvation Army Rehab Center San Francisco	34
Salvation Army Pehah Center Stockton	3/

	SAMHSA National Drug Abuse Helpline	34
	Serenity Recovery	34
	Sierra Foothills Outpatient Clinic	34
	Sierra Mental Wellness Group	35
	Sierra Native Alliance	35
	Sierra Vista Hospital	35
	Stallant Health	35
	Towns Health Services (Palm Tree Ranch)	36
	Treehouse Ministries	36
	Union Gospel Mission	36
	Valley Recovery Center	37
	Victory Outreach	37
	Volunteers of America – Northern CA & Northern NV	37
	Wellpath Community Care	37
	WellSpace Health	38
	Western Sierra Medical Clinic	38
	Yellow Wood Recovery	38
Self	Help Programs	39
	AA – Alcoholics Anonymous	39
	Al-Anon/Alateen	39
	Celebrate Recovery	39
	Co-Dependents Anonymous (CODA)	39
	Narcotics Anonymous (NA)	40
	Parkside Auburn Ministries	40
	Sierra Native Alliance White Bison/Warrior Down Groups	40
Pub	lic Assistance	41
	Placer County Health and Human Services	41
	Auburn	41
	Social Security Office	42
You	th and Family Services	43
	Above All Adventures	12

	Auburn Hip Hop Congress	43
	Boys & Girls Club	43
	California Conservation Corps	44
	California Friday Night Live Partnership	44
	California Youth Crisis Line (CA Coalition for Youth)	44
	Child Advocates of Placer County	44
	Crisis Resolution Center (Koinonia Family Services)	45
	iFoster	45
	K.E.Y.S.	45
	Kids First	46
	KidZKount	46
	K.I.N.D (Kids in Need of Diversion Program)	46
	Latino Leadship Council	47
	Placer County Children's System of Care	47
	Placer Sheriff's Activities League (PSAL)	47
	Roseville Police Activities League (RPAL)	47
	Sierra Native Alliance	48
	Stand Up Placer	48
	Unity Care	48
	Whole Person Learning	49
	Youth Empowerment Support (YES)	49
Mer	ntal Health and Counseling Services	50
	Adult Mental Health Services Intake Line	50
	Affordable Counseling and Educational Services	50
	Alternatives to Violence Project	50
	Beautiful Minds Medical	50
	C.A.L.M	51
	Cal Voices	51
	Center for Violence Free Relationship	51
	Chapa De	52
	Heartstrings Counseling	52

	Heritage Oaks	52
	Insights Counseling Services	53
	Lighthouse Counseling and Family Resource Center	53
	ManAlive/MAV Center	53
	Malaika Hill-Jones, LMFT	54
	Melissa Freitas, LMFT	54
	Nami – National Alliance for the Mentally III	54
	National Domestic Violence Hotline	54
	Northern Valley Catholic Social Services	55
	Pacific Counseling and Trauma Services	55
	Pacific Educational Services	55
	Placer Counseling Center	55
	Placer County Adult Systems of Care	56
	Placer Dispute Resolution Service	56
	Redefining You Therapy	56
	Sacramento County Behavioral Health Services	57
	Sierra Mental Wellness Group	57
	The Trevor Project	57
	Turning Point Coloma Center	57
	United Advocates for Children and Families (UACF)	58
	VIP (Violence Intervention and Prevention) ManAlive	58
	Women Escaping a Violent Environment (WEAVE)	58
	Wellspace Health	59
Vete	eran's Service	60
	A Bridge to Life Center at Mission Solano	60
	CalVet	60
	Dr. Paige Brown	60
	Forgotten Soldier	60
	Gold Country Chaplaincy	61
	National Call Center for Homeless Vets	61
	Sacramento Veteran's Resource Center	61

	Social Security Disability for Wounded Warriors	61
	Sacramento Veteran's Resource Center	62
	The Soldier's Project	62
	Veteran's Affairs (VA)	62
Oth	er Services & Programs	64
	Alta California Regional Center	64
	California Victim Compensation Program	64
	Connections Workforce Development (Golden Sierra)	64
	Department of Rehabilitation	65
	Goodwill Industries	65
	Health Express	65
	Helping Hearts	66
	Legal Services of Northern California	66
	MHSA TAY Level 1	66
	Mothers Against Drunk Driving (MADD)	67
	Placer Adult Literacy Program	67
	Placer Adult Literacy Program	67
	Placer County Department of Child Support Services	67
	Placer County Family Court and Legal Help Center	68
	Placer Re-Entry Program (PREP)	68
	Placer School for Adults	68
	PRIDE Industries Youth Services Program	69
	Red Cross	69
	Roseville Adult School	69
	Women's Empowerment	69



Homeless Resources

Shelters & Food Banks

Abundant Life Fellowship

Food and clothes closet services available. Food can be obtained once per month, and more on an emergency basis. Need photo ID.

706 Atlantic Street, Roseville, CA

Hours: Wednesday 10 a.m. to 12 p.m.

Phone: 916-783-1989 www.alfchurch.org

Adventist Community Services

12225 Rock Creek Road Auburn, CA

Hours: Monday 9 a.m. to 12 p.m. for unsheltered clients (Hot meal & sack lunch)

Tuesday 9 a.m. to 12 p.m. for sheltered clients (Drive through food distribution)

Phone: 530-823-0345

Antelope Springs Church Food Closet

4555 PFE Road, Roseville, CA

Hours: Monday to Friday 10 a.m. to 2 p.m. and the last Saturday of the month,

except in December. Closed on all Federal holidays.

Phone: 916-773-7727

Auburn Interfaith Food Closet

1788 Auburn Ravine Road, Auburn, CA

Hours: Monday to Friday 10 a.m. to 2 p.m. and the last Saturday of the month,

except in December. Closed on all federal holidays.

Phone: 530-885-1921

www.auburnfoodcloset.org

Bridgeway Christian Church Community Closet

8150 Industrial Ave, Building A, Roseville, CA

Hours: Thursday 1 p.m. to 2:30 p.m.

Phone: 916-408-6560



Calvary Chapel on the Georgetown Divide

3757 Hwy 193 Greenwood, CA

Hours: Tuesdays 12 p.m. to 2 p.m.

Phone: 530-823-1622

Calvary Chapel

6575 Commerce Way Diamond Springs, CA

Hours: 2nd and 4th Wednesday of each month 10 a.m. to 12 p.m.

Phone: 530-626-8484

www.calvaryplacerville.com

Celebration Church

990 Meadow Gate Road Meadow Vista, CA

Hours: 1st & 3rd Thursdays 4:30 p.m. to 5:30 p.m.

Phone: 530-878-1365

Celebration Family Worship Center

Curbside distribution

5721 Tenth Street Sheridan, CA

Hours: Wednesdays 6 p.m. to 8 p.m. Phone: 530-923-1849 or 916-521-4533

First United Methodist Church

109 Washington Blvd Roseville, CA

Hours: Mondays 12 p.m. to 1 p.m. Bag Lunches

Phone: 916-783-3464

Francis House Center

Family Shelter, Clothing Center, Veteran's Services, Bus Passes, Resource Coaching, Diversion Program, CA ID, Hygiene Kits, and Notary Services.

1422 C Street, Sacramento, CA

Hours: Monday, Tuesday, Thursday, Friday 9 a.m. to 12 p.m. and 1 p.m. to 3 p.m.

Phone: 916-443-2646

https://www.nextmovesacramento.org/francis-house-center/



Gathering Inn

Programs include shelter, showers, health clinic, 12 step support group, clothing closet, and case management referrals. Up to 50 beds available nightly on a revolving basis. Year-round availability. Must have a current TB test.

201 Berkeley Ave, Roseville, CA

Phone: 916-791-9355

www.thegatheringinn.com

Green Valley Community Church

3500 Missouri Flat Road, Placerville, CA

Hours: Saturdays 8 a.m. to 12 p.m.

Phone: 530-622-3231 www.greenvalley.church

Harvest Community Church Food Bank

1376 Blue Oaks Blvd, Roseville, CA

Hours: Tuesdays 4:30 p.m. to 5:30 p.m.

Phone: 916-771-4781 www.harvestfamily.net

H.E.L.P (Housing Emergency Lodging Program)

Placerville/El Dorado County. Helps local homeless individuals and their families to secure temporary emergency shelter.

Phone: 530-306-2352

Interfaith Food Ministry

440 Henderson St. Grass Valley, CA

Hours: Mondays, Wednesdays, & Fridays 10 a.m. to 1 p.m.

2nd Saturday of the month 10 a.m. to 12 p.m. for working families who

cannot make it to regular distribution.

Phone: 530-273-8132



Lazarus Project, Inc

PO Box 1241, Roseville, CA

Phone: 916-772-6833

www.lazarusprojectinc.org

LEOA Foundation

Drive through food distribution 4655 King Road Loomis, CA

Phone: 404-969-2274

Hours: Thursday at 12 p.m. Closed on major holidays.

https://leoa.org/

Life Community Church

Curbside Food Distribution 10020 Foothill Blvd Roseville, CA

Phone: 916-788-2697

Hours: Friday from 3 p.m. to 4 p.m. (As supplies last)

https://www.lifecconline.com/

<u>Lighthouse Rescue Mission</u>

Faith based shelter for women and children.

111 W. Kern Ave., Tulare, CA

Phone: 559-687-8317

www.lighthouserescue.org

Lincoln Amazing Grace Seventh Day Adventist Church

Drive through food distribution. Grocery bags of food will be provided.

65 McBean Park Drive, McBean Park Lincoln, CA

Phone: 916-408-4408

Hours: Mondays 12 p.m. to 2 p.m. (As supplies last)

Loomis Methodist Food Closet

6414 Brace Road, Loomis, CA (Must have ID) Hours: Monday to Friday 10 a.m. to 1 p.m.

Phone: 916-652-0469



https://loomismethodist.org/community/food-closet/

Lord Sabaoth Ministries

Curbside Food Distribution 24500 Main St. Foresthill, CA

Hours: Thursday 2 p.m. to 6 p.m.

Phone: 916-835-1199

https://foresthillcenter.com/

Lutheran Social Services of NorCal

Housing programs for homeless families, individuals, and youth.

4390 47th Ave, Sacramento, CA 95824

Phone: 916-453-2900 www.lssnorcal.org

Mather Community Campus

Provides transitional living program (up to 2 years) for homeless individuals and families with additional training and employment referrals. There are eligibility requirements, waiting list, and a referral process that you must complete through a Social Worker. Intake by referral, usually by an emergency homeless shelter. Operated by Volunteers of America.

3587 Bleckley Street, Mather (AFB), CA 10626 Shirra Ave, Mather (AFB), CA

Phone: 916-228-3100

https://www.voa-ncnn.org

Mosaic Christian Church Food Bank

4430 Granite Drive, Rocklin, CA

Hours: Wednesdays 10 a.m. to 12 p.m. and Thursdays 3 p.m. to 5 p.m.

Phone: 916-632-8600

https://www.welcometomosaic.com/food-bank



Mountain Folk Food Bank

3071 Iowa Hill Road Iowa Hill

Hours: 1st and 3rd Fridays & 5th Friday (as applicable) 2 p.m. to 5 p.m.

Phone: 530-320-3969

https://www.welcometomosaic.com/food-bank

Next Move Sacramento

8801 Folsom Blvd, Sacramento, CA

Hours: Monday to Friday 9 a.m. to 4:30 p.m.

Phone: 916-454-2120

https://www.nextmovesacramento.org/

Placer Food Bank

8284 Industrial Ave, Roseville, CA

Hours: Monday to Friday 9 a.m. to 4:30 p.m.

Phone: 916-783-0481

https://placerfoodbank.org/

Placer Food Bank: Free Farmers Markets

Sheridan: Celebration Family Worship 5721 10 Street

Lincoln: McBean Park 65 McBean Park Drive

Rocklin: Johnson-Springview Park 5480 5th Street

Colfax: Sierra Vista Community Center 55 School Street Foresthill: Harrison Street Yard 24625 Harrison Street Hours: Vary from site to site; check online schedule.

https://placerfoodbank.org/get-food/

Penn Valley Seventh Day Adventist Church

Curbside Food Distribution

17645 Penn Valley Drive Penn Valley, CA Hours: Thursdays 9:30 a.m. to 11:30 a.m.

Phone: 530-432-2479



<u>Powerhouse Transition Center (Powerhouse Ministries)</u>

Faith based homeless transition center for women and children.

311 Market Street Folsom, CA

Phone: 916-983-0658 www.phmfolsom.org

Rock of Roseville

202 Bonita Street Roseville CA

Hours: Thursdays 9:30 a.m. to 11 a.m.

Phone: 916-789-7625

https://www.rockofroseville.com/

Rhema Christian Center

658 Commerce Drive Ste. E Roseville, CA

Hours: 3rd Saturday of the Month 10 a.m. to 12 p.m.

Phone: 916-781-2121

Rolling Hills Christian Church

800 White Rock Road El Dorado Hills, CA (Multi-purpose room; Kid's building)

Hours: 2nd and 4th Tuesday of the month 9 a.m. to 10 a.m.

Phone: 916-939-3527

www.rollinghillschurch.com

Roseville Alamo Club

111 5th Street Roseville, CA

Hours: Fridays 9 a.m. to 2 p.m. *Must Call Ahead*

Phone: 916-781-2763

Roseville Home Start

Program includes transitional housing for homeless families for up to one year. Father and/or mother with children. Includes drug and alcohol support groups, financial education, family violence, parenting classes, case management and health clinic. Priority given to Placer County residents and there is usually a wait



list. Also offers emergency housing for homeless. This is a program through Volunteers of America.

Transitional Housing Facility: 410 Riverside Ave Roseville, CA Therapeutic Client Service Office: 426 Riverside Ave Roseville CA

Phone: 916-782-6667

Email: info@RosevilleHomeStart.org

www.rosevillehomestart.org

Seventh Day Adventist Church

12225 Rock Creek Rd. Auburn, CA

Hours: Tuesdays 9 a.m. to 1 p.m. and Hot Meals Saturday 8 a.m. to 9 a.m.

Phone: 530-823-0345

www.aubsda.net

Seventh Day Adventist Church

35 Carson Rd Camino, CA

Hours: Wednesdays 8:30 a.m. to 12 p.m.

Phone: 530-644-2236

https://www.caminosda.org/

Seventh Day Adventist Church

6831 Mother Lode Drive Placerville, CA Hours: Wednesdays 9 a.m. to 12 p.m.

Phone: 530-622-0273 www.placervillesda.org

S.H.A.R.E Food Closet

1031 Thompson Way Placerville, CA

Hours: Monday to Friday 10 a.m. to 12:30 p.m.

Phone: 530-622-2446

Sierra First Baptist Church Food Bank

33990 Alta Boonynook Rd. Alta, CA

Hours: Thursdays 10 a.m. to 12 p.m.

Phone: 530-389-2168



www.sfbcalta.org

Sierra Community House

265 Bear Street Kings Beach, CA Wednesdays 3 p.m. to 4:30 p.m. 12116 Chandelle Way Ste D2 Truckee CA Tuesdays 4 p.m. to 5 p.m.

736 McCourry Blvd Incline Village, NV Thursdays 2:30 p.m. to 3:30 p.m.

Phone: 775-545-4083

Email: food@sierracommunityhouse.org

www.sierracommunityhouse.org

Sierra Reach Ministries

18015 Applegate Rd Applegate, CA Hours: Thursdays 9 a.m. to 12 p.m.

Phone: 530-878-2705

https://www.sierrareachministries.org/

St. Vincent DePaul

503 Giuseppe Court #8 Roseville, CA

Hours: Monday to Friday 9 a.m. to 11 a.m.

105 Bonita Ave Roseville, CA

Hours: Hot Meals served Tuesday to Thursday 12 p.m. to 1:30 p.m. and Saturday

& Sunday 2:30 p.m. to 4 p.m.

Phone: 916-781-3303 www.placersvdp.com

Stand Up Placer

11985 Heriage Oaks Place Ste. 200 Auburn, CA 530-885-0443
775 Sunrise Ave Ste. 160 Roseville, CA 916-773-7273
24 Hours Crisis Line for emergency housing and assistance 800-575-5352
www.standupplacer.org

The Salt Mine

Available to Lincoln and Sheridan Residents Only

590 Lincoln Blvd. Lincoln, CA

Pantry Box Hours: Tuesday to Friday 8 a.m. to 12 p.m.



Phone: 916-645-3778 www.thesaltmine.org

The Salvation Army

Programs include shelter, food, clothing, emergency bus tickets, residential treatment, and transitional housing programs. Must bring ID and social security card.

286 Sutter St. Auburn, CA 530-889-3990 (Mon, Wed, Fri, Thurs [seniors only] 10 a.m. to 2 p.m.

233 S. Auburn Ste. 110 Colfax, CA 530-346-2722 (Wed. 10 a.m. to 4 p.m. Food service only)

320 S. Canyon Way #A Colfax, CA 530-346-2722 (Tues & Wed 10 a.m. to 3 p.m.) 100 Lincoln St. Roseville, CA 916-784-3233 (Mon. to Thurs. 10 a.m. to 3 p.m. & Fri 1 p.m. to 3 p.m.)

Union Gospel Mission

400 Bannon St. Sacramento, CA

Hours: Daily Chapel at 7:30 p.m. with dinner at 8:30 p.m. Sundays Church at 11 a.m. with lunch at 12 p.m.

Must attend chapel to have a meal

Phone: 916-447-3268 www.ugmsac.com

Upper Room Dining Hall

Dining Room closed – will only be offering take-out meals at the door each day. 1868 Broadway Placerville, CA

Hours: Daily 4 p.m. to 5:30 p.m.

Phone: 530-621-7730

<u>Volunteers of America – Northern CA and Northern NV</u>

3434 Marconi Ave. Sacramento, CA

Phone: 916-265-3400

www.voa.org



What Would Jesus Do Ministry

Roseville – On Reserve Drive just north of Berry St.

Hours: Tuesday, Wednesday, Thursday 8 a.m. to 9 a.m.

Phone: 916-786-9953

Auburn – Seventh Day Adventist Church 12225 Rock Creek Rd.

Hours: Mondays 8 a.m. to 9 a.m. (Showers available)

Auburn – Dewitt Center Parking lot between A & B Ave. (Close to 1st Street)

Hours: Every 2nd, 3rd, and 4th Thursday of the month 8 a.m. to 9 a.m.

www.wwjdinc.org

Women's Empowerment

1590 North A Street Sacramento, CA

Hours: Monday to Friday 8:30 a.m. to 3:30 p.m.

Phone: 916-669-2307

www.womens-empowerment.org



Substance Abuse Treatment

Acres of Hope

Treatment Offered: Faith Based Residential, Transitional Living (For Women)

PO Box 238 Auburn, CA Phone: 530-878-8030

Email: info@acresofhopeonline.org/ https://www.acresofhopeonline.org/

Aegis Treatment Centers

Treatment Offered: MAT, Outpatient 1133 Coloma Way #C Roseville, CA

Phone: 916-774-6647

Clinic Hours: 5 a.m. to 3:30 p.m.

https://pinnacletreatment.com/aegis/

Alpha Oaks

Treatment Offered: Detox, Residential (For Women)

8400 Fair Oaks Blvd Carmichael, CA

Phone: 916-944-3920

Email: alphaoaks.org https://www.alphaoaks.org/

Azure Acres Recovery Center

Treatment Offered: Detox, Residential, IOP 2641 Cottage Way #8 Sacramento, CA

Phone: 916-974-9067

https://www.azureacres.com/

Bella Nirvana Center

Treatment Offered: Detox, Residential 1710 Prairie City Road Ste #120 Folsom, CA

Phone: 916-222-2181

Email: bnc@bellanirvanacenter.com



www.bellanirvanacenter.com

Bi Valley Medical Clinic (BAART Clinic/MedMark)

Treatment Offered: MAT, Outpatient 310 Harris Ave Ste A Sacramento, CA 6127 Fair Oaks Blvd Carmichael, CA

Phone: 916-649-6793

www.baartprograms.com

Bridges, Inc

Treatment Offered: DUI, Outpatient, Sober Living, PC1000 Corporate Office: 3600 Power Inn Rd Ste C Sacramento, CA

Phone: 916-450-0700

Sober Living Phone: 916-453-2705

Sober Living Email: slewomens@bridgesinc.net

Outpatient Phone: 916-647-5343

Outpatient Email: outpatient@bridgesinc.net

DUI Program Phone: 916-840-7874

DUI Program Phone: dui@bridgesinc.net

Drug Diversion PC1000 Phone: 916-840-7872

Drug Diversion PC1000 Email: ddp@bridgesinc.net

https://www.bridgesinc.net/

Buddy's House

Treatment Offered: Sober Living Environment

1770 Magnolia Dr. Yuba City, CA

Phone: 530-674-1049

Email: buddyshouse@comcast.net

www.buddyshouse.org

California Recovery Center

Treatment Offered: Detox, Residential

425 Oak St. Roseville, CA Phone: 916-380-5808

Email: info@calrecoverycenter.com



https://calrecoverycenter.com/

Cedar Point Recovery

Treatment Offered: IOP, Outpatient, Recovery Residences

8950 Cal Center Dr. #160 Sacramento, CA

Phone: 888-607-6079

https://cedarpointrecovery.com/

Center Point

Treatment Offered: Residential, Outpatient

11228 Fair Oaks Blvd. Fair Oaks, CA

Phone: 916-962-2800

www.cpinc.org

Chapa De Indian Health

Treatment Offered: MAT, Tobacco Cessation, Outpatient

11670 Atwood Rd. Auburn, CA

Phone: 530-887-2800 https://chapa-de.org/

Chico Rescue Mission

Treatment Offered: Faith Based Residential

2612 Esplanade Chico, CA Phone: 530-343-1935

Email: chicorescusmission@yahoo.com

www.chicorescuemission.org

Christian Encounter Ministries

Treatment Offered: Faith Based Residential

PO Box 1022 Grass Valley, CA

Phone: 530-268-0877

www.christianencounter.org



Clean & Sober Recovery Services

Treatment Offered: Detox, Residential, IOP

5820 Chestnut Ave Orangevale, CA

Phone: 916-990-0190

Email: info@candsrecovery.com https://candsrecovery.com/

<u>Clean & Sober Transitional Living, Inc (CSTL, Inc)</u>

Treatment Offered: Transitional Living

8938 Madison Ave, Fair Oaks, CA

Phone: 916-961-2691

https://www.clean-and-sober-living.com/

Colusa County Health & Human Services

251 E. Webster Street Colusa, CA

Phone: 530-458-0250

https://www.countyofcolusa.org/26/Health-Human-Services

Common Goals, Inc

Treatment Offered: Recovery Residences, Outpatient, IOP, PC1000, MAT

265 Buena Vista St. Ste. #100 Grass Valley, CA

Phone: 530-274-2000

https://commongoalsinc.org/

CommuniCare Health Centers

Treatment Offered: SUS Screening, Outpatient, MAT 500B Jefferson Blvd. Ste. 195 West Sacramento, CA

Phone: 916-403-2970

https://communicarehc.org/

C.O.R.E Medical Clinic

Treatment Offered: MAT

2100 Capitol Ave Sacramento, CA

Phone: 916-442-4985

Email: frontdesk@corecapitol.com



3990 Industrial Blvd West Sacramento, CA

Phone: 916-796-0020

Email: frontdeskwestsac@corecapitol.com

www.coremedicalclinic.com

Delancey Street Foundation

Treatment Offered: Residential 600 Embarcadero San Francisco, CA

Phone: 415-512-5104

http://www.delanceystreetfoundation.org/

Diamond House Detox

Treatment Offered: Detox, Residential 8624 Diamond Oak Way Elk Grove, CA 6808 Fleming Ave Sacramento, CA

Phone: 800-205-6107

Email: info@diamondhousedetox.com/
https://diamondhousedetox.com/

El Dorado HHSA

Treatment Offered: Screening, Counseling

929 Spring St. Placerville, CA

Phone: 530-621-6290

https://www.edcgov.us/Government/hhsa

Elevate Addiction Services

Treatment Offered: Detox, Rehab, Outpatient

1364 Ruthhaven Rd Placerville, CA 262 Gaffey Rd. Watsonville, CA

586 Glorene Ave. South Lake Tahoe, CA

Phone: 844-231-3264

https://www.edcgov.us/Government/hhsa

Fourth & Hope (Walter's House)

Treatment Offered: Residential, Transitional, Outpatient



207 4th Street Woodland, CA

Phone: 530-661-1218

Email: info@fourthandhope.org

Walter's House Email: cwenstrom@fourthandhope.org

https://fourthandhope.org

Good News Rescue Mission

Treatment Offered: Residential 2842 S. Market Street Redding, CA

Phone: 530-244-6800 ext. 5

https://gnrm.org/

Granite Wellness Centers

Treatment Offered: Residential, Recovery Residence, IOP, Outpatient, MAT

180 Sierra College Dr Grass Valley CA (DUI, BTP, Outpatient)

Phone: 530-273-9541

159 Brentwood Dr. Grass Valley, CA (Residential, Recovery Residence)

Phone: 530-271-1140 (Hope House) Phone: 530-274-1466 (Serenity House)

12125 Shale Ridge Rd. Auburn, CA (Residential, Recovery Residence)

Phone: 530-885-1917

12183 Locksley Ln #101 to #104 Auburn, CA (DUI, IOP, MIR, BTP, MAT, PC1000)

Phone: 530-885-1961

1530 Third St. #212 Lincoln, CA (DUI, Outpatient)

Phone: 916-434-8927

730 Sunrise Ave Bldg #200 Roseville, CA (DUI, PC1000, Outpatient)

Phone: 916-782-3737

8491 North Lake Blvd Kings Beach, CA (DUI, Outpatient)

Phone: 530-546-5641

10015 Palisades Dr. Ste 1 Truckee, CA

Phone: 530-587-8194

https://www.granitewellness.org/

His Way Recovery House

Treatment Offered: Sober Living Environment

220 South Airport Way Manteca, CA



Phone: 209-401-9126

http://www.hiswayrecovery.org/

Hope, Help and Healing

Treatment Offered: Residential, Sober Living, Outpatient

11960 Heritage Oak Place #20 Auburn, CA

Phone: 530-885-4249

Email: office@irecover.org

http://0047809.netsolhost.com/resources.html

Hope House (Placerville, CA)

Treatment Offered: Transitional Housing (Women & Children)

3500 Missouri Flat Rd Placerville, CA

Phone: 530-662-3231 ext. 242

Email: wearehopehouse@gmail.com https://www.wearehopehouse.com/

House of Metamorphosis

Treatment Offered: Residential 2970 Market Street San Diego, CA

Intake Phone: 619-236-9217

Residential Phone: 619-236-9492

https://www.houseofmetamorphosis.org/

Insights Counseling Group

Treatment Offered: Counseling (Individual & Group)

265 Nevada Station Auburn, CA Intake Phone: 530-887-1300

Email: insightsinfo@insightscounselinggroup.org

https://www.insightscounselinggroup.org

<u>Jericho Project</u>

Treatment Offered: Men's Residential

430 Valley Drive Brisbane, CA Intake Phone: 415-467-9836



https://www.jerichoprojectca.org/

Joshua House Men's Center

Treatment Offered: Faith Based Men's Residential 4004 Hammonton Smartville Rd Marysville, CA

Phone: 530-742-7771

Email: info@joshuahousemenscenter.org

www.joshuahousemenscenter.org

Kaiser Permanente Alcohol & Drug Program

Treatment Offered: CDRP Outpatient, Detox (For Kaiser Members Only)

2829 Watt Ave #150 Sacramento, CA

Phone: 916-482-1132

8247 E. Bruceville Rd. Sacramento, CA

Phone: 916-525-6790

2155 Iron Point Rd. Folsom, CA

Phone: 916-817-5646

www.kp.org

Lydia's House

Treatment Offered: Faith Based Women's Residential

The Bride Church Yuba City, CA

Phone: 530-751-0505

Email: lydiashouse1313@gmail.com

Mather Addiction Recovery Treatment Services (ARTS)

Treatment Offered: VA Outpatient Clinic

10535 Hospital Way Mather, CA

Phone: 916-366-5420

http://www.northerncalifornia.va.gov/services/mh/arts.asp

Mercy Multiplied - Lincoln, CA Location

Treatment Offered: Faith Based Women's Residential

PO Box 111060 Nashville, TN

Phone: 615-831-6987

Email: info@mercymultiplied.com



www.mercymultiplied.com

Nation's Finest

Treatment Offered: Veterans Services, Transitional Living, Counseling

7270 E Southgate Dr. Sacramento, CA

Phone: 916-393-8387

https://www.nationsfinest.org/

Nevada County Behavioral Health

Treatment Offered: Outpatient, Drug Court, Perinatal, Screening, Assessments

500 Crown Point Circle #120 Grass Valley, CA

Phone: 530-265-1437

New Dawn Treatment Centers

Treatment Offered: Detox, Residential, Outpatient 1741 East Roseville Parkway #100 Roseville, CA 6371 Auburn Blvd. Ste A Citrus Heights, CA 9960 Business Park Dr. Sacramento, CA

Phone: 916-784-1149

24/7 Helpline: 916-260-2491 Email: info@newdawnts.com

https://www.newdawntreatmentcenters.com/

New Directions Counseling Association

Treatment Offered: Outpatient

7996 Old Winding Way #210 Fair Oaks, CA

Phone: 916-966-4523

www.newdirectionsca.com

New Start Recovery Solutions

Treatment Offered: Residential 10396 Spiva Rd. Sacramento, CA

Phone: 916-269-5382

https://www.newstartrecoverysolutions.com/



Options for Recovery

Treatment Offered: IOP, Outpatient 1001 Grand Ave Sacramento, CA

Phone: 916-929-1951

Oroville Rescue Mission (New Life Recovery Program)

Treatment Offered: Residential 4250 Lincoln Blvd Oroville, CA

Phone: 530-533-9120

www.orovillerescuemission.org

Pacific Educational Services (PES-ebs, Inc)

Treatment Offered: Outpatient, DUI 11837 Kemper Rd #2 Auburn, CA

Phone: 530-888-1010 www.pesprograms.com

<u>Pathways</u>

Treatment Offered: Detox, Residential, IOP, Outpatient, DUI

430 Teegarden Ave Yuba City, CA

Phone: 530-674-4530

https://www.yspathways.net/

Peach Tree Health

Treatment Offered: MAT, Individual & Group Counseling

1114 Yuba Street Suite 220 Marysville, CA

Phone: 530-749-3242

Email: info@pickpeach.org/ https://pickpeach.org/

Placer County Re-Entry Program (PREP)

Treatment Offered: Substance Abuse Programs 10810 Justice Center Drive Ste. 170 Roseville, CA

Phone: 916-543-7453

Email: prep@placer.ca.gov



<u>Placer County Substance Use Services – Screening Clinic</u>

Treatment Offered: Screening and Assessments

11512 B Ave Auburn, CA Phone: 530-889-7240

Powerhouse Transition Center

Treatment Offered: Residential 311 Market St. Folsom, CA

Phone: 916-983-0658

Email: info@phmfolsom.org/
https://phmfolsom.org/

Progress House

Treatment Offered: Residential, Outpatient

2844 Coloma Street Placerville, CA

5607 Mt. Murphy Rd Garden Valley, CA (Women's)

Phone: 530-626-9240

Email: intake@progresshouseinc.org

www.progresshouseinc.org

Project Ninety

Treatment Offered: Men's Recovery Residence, Outpatient, IOP

720 South B St. San Mateo, CA

Phone: 650-579-7881

https://www.caminar.org/p90

Recovery Happens Counseling Services

Treatment Offered: Outpatient

7996 Old Winding Oaks Way #300 Fair Oaks, CA

719 2nd St. Davis, CA

3017 Douglas Blvd 3rd Floor Roseville, CA

Phone: 916-276-0626

https://www.recoveryhappenscounselingservices.com/



Recovery In Action

Treatment Offered: Inpatient & Outpatient

484 Pleasant Valley Road #4 Diamond Springs, CA

Phone: 530-344-7633

Email: info@recoveryinactionedc.org

http://recoveryinactionedc.org/contact-us/

Recovery Now

Treatment Offered: Transitional Living

5th Street Roseville, CA Phone: 916-868-2207

Email: mr.rick.wheeler@gmail.com https://www.recoverynow.net/

Redwood Gospel Mission (Men's New Life Program)

Treatment Offered: Faith Based Men's Residential

101 6th Street Santa Rose, CA

Phone: 707-542-4817

Email: bbush@srmission.org

www.srmission.org

Restoration Recovery Center

Treatment Offered: IOP, Outpatient, Sober Living Environment

70 College Way Auburn, CA

Phone: 888-290-0925

Email: zeinahe@restorationrecoverycenter.com

https://restorationrecoverycenter.com/

River City Recovery Center

Treatment Offered: Residential, Sober Living

500 22nd St. Sacramento, CA

Phone: 916-442-3979

Email: recoveryhappens@rivercityrecovery.org

https://rivercityrecovery.org/



Sacramento Native American Health Center

Treatment Offered: Screenings, Counseling

2020 J Street Sacramento, CA

Phone: 916-341-0575 Email: <u>info@snahc.org</u> https://www.snahc.org/

Sacramento Recovery (formerly D&A Detox)

Treatment Offered: Detox, Residential, Outpatient

2801 Aramon Dr. Rancho Cordova, CA

Phone: 916-364-7660

https://sacramentorecovery.com/

Sacramento Recovery House, Inc.

Treatment Offered: Residential

Men's: 1914 22nd Street Sacramento, CA (Sacramento Recovery House)

Phone: 916-455-6258

Women's: 4049 Miller Way Sacramento, CA (Gateway House)

Phone: 916-451-9312 Email: sarec@pacbell.net https://sacrecovery.org/

Sacramento County Alcohol & Drug Services

Treatment Offered: Screening & Assessments 3321 Power Inn Rd Ste 120 Sacramento, CA

Phone: 916-874-9754

Email: suptsoc@saccounty.net

https://dhs.saccounty.net/BHS/Pages/SUPT/Substance-Use-Prevention-and-

<u>Treatment.aspx</u>

Saint John's Program for Real Change

Treatment Offered: Women's Residential 2443 Fair Oaks Blvd #369 Sacramento, CA

Phone: 916-453-1482

Email: info@saintjohnsprogram.org



https://saintjohnsprogram.org/

Salvation Army Rehab Center San Francisco

Treatment Offered: Residential 1275 Harrison St. San Francisco, CA

Phone: 415-503-3000

https://sanfrancisco.salvationarmy.org/

Salvation Army Rehab Center Stockton

Treatment Offered: Residential 1247 S. Wilson Way Stockton, CA

Phone: 209-466-3871

www.salvationarmyusa.org

SAMHSA National Drug Abuse Helpline

Phone: 800-662-4357

https://www.samhsa.gov/find-help/national-helpline

Serenity Recovery

Treatment Offered: Dual Diagnosis Residential

130 Prospector Court, Folsom, CA 95630

Phone: 916-293-9667

Email: intake@serenity-recovery.health

Sierra Foothills Outpatient Clinic

https://www.va.gov/directory/guide/facility.asp?ID=986

Treatment Offered: VA Outpatient 11985 Heritage Oak Place Auburn, CA

Phone: 530-889-0872

Treatment Offered: VA Outpatient 1000 Sunset Blvd. #115 Rocklin, CA

Phone: 916-780-3290



Treatment Offered: VA Outpatient

10535 Hospital Way, Mather AFB, Sacramento, CA

Phone: 916-366-5366

Treatment Offered: VA Outpatient 130 Placerville Dr. Ste B, Placerville, CA

Phone: 530-621-5892

www.edcgov.us/veterans/index

Sierra Mental Wellness Group

Treatment Offered: Counseling, BTP, Parenting, Anger Management, Outpatient

406 Sunrise Ave #300, Roseville, CA

Phone: 916-783-5207

2690 Lake Forest Rd Ste B Tahoe City, CA

Phone: 530-581-4054

560 Wall Street Ste D Auburn, CA

Phone: 530-885-0441

Email: <u>Staff@sierramentalwellness.org</u> https://sierramentalwellness.org/

Sierra Native Alliance

Treatment Offered: Outpatient, Anger Management, DV

610 Auburn Ravine Road Ste G Auburn, CA

Phone: 530-888-8767

Email: lorenn@sierranativealliance.org

www.sierranativealliance.org

Sierra Vista Hospital

Treatment Offered: IOP, Outpatient, Alcohol Detox, Dual Diagnosis Tx.

8001 Bruceville Rd. Sacramento, CA

Phone: 916-288-0300

www.sierravistahospital.com

Stallant Health

Treatment Offered: MAT, Outpatient



20601 West Paoli Ln. Weimar, CA

Phone: 530-637-4025

https://stallanthealth.com/

Teen Challenge

Treatment Offered: Residential 300 Stardust Lane, Lincoln, CA

Phone: 916-645-3807

43440 Laing Rd Emigrant Gap, CA

Phone: 530-389-8900

18045 Seco Street Jamestown, CA

Phone: 209-985-2259

1464 Valencia Street San Francisco, CA

Phone: 415-285-1353

2212 2nd Street Eureka, CA (Redwood Men's Center)

Phone: 707-268-0614

www.teenchallengeusa.com

Towns Health Services (Palm Tree Ranch)

Treatment Offered: MAT, Residential, Outpatient

12370 Clay Station Rd. Herald, CA

Phone: 209-744-9909

https://townshealthservices.net/

Treehouse Ministries

Treatment Offered: Recovery Shelter/Sober Living

2700 Barkley Rd Camino, CA

Phone: 530-647-6642

Email: treehouseministries2@yahoo.com https://treehouseministriescamino.org/

<u>Union Gospel Mission</u>

Treatment Offered: Outpatient, Anger Management, DV

400 Bannon Street Sacramento, CA

Phone: 916-447-3268



Email: info@ugmsac.com/
https://ugmsac.com/

Valley Recovery Center

Treatment Offered: IOP, Sober Living Environment

2233 Fair Oaks Blvd Sacramento, CA (SLE)

2221 Fair Oaks Blvd Sacramento, CA (Outpatient)

Phone: 888-989-9690

https://valleyrecovery.com/

Victory Outreach

Treatment Offered: Men's Residential, Men's Transitional

6831 Savings Place Sacramento, CA

Phone: 916-670-1470 www.vosouthsac.com

Volunteers of America – Northern CA & Northern NV

Treatment Offered: Residential, Transitional

23434 Marconi Ave Sacramento, CA

Phone: 916-265-3400

Email: info@voa-ncnn.org/
https://www.voa-ncnn.org/

Wellpath Community Care

Treatment Offered: MAT, Outpatient 1130 Conroy Lane, Ste 150 Roseville, CA

Phone: 916-580-6600

www.wellpathcarecenters.com

Evidence-based Medication-Assisted Treatment (MAT) and Substance Use Disorder programs for individuals struggling with opioid or other substances including alcohol, methamphetamine, Fentanyl, cocaine, hallucinogens, and tobacco



WellSpace Health

Treatment Offered: Detox, Residential, Outpatient

1820 J Street Sacramento, CA

Phone: 916-313-8434 (Outpatient)

Phone: 916-921-6598 (Detox & Residential)

Email: info@wellspacehealth.org https://www.wellspacehealth.org/

Western Sierra Medical Clinic

Treatment Offered: MAT

844 Old Tunnel Rd Grass Valley, CA

Phone: 530-274-9762 https://wsmcmed.org/

Yellow Wood Recovery

Treatment Offered: Detox, Residential

12646 Thornberg Way Rancho Cordova, CA

Phone: 916-238-6070

Email: heythere@yellowwoodrecovery.com

https://yellowwoodrecovery.com



Self Help Programs

AA – Alcoholics Anonymous

9960 Business Park Dr. #110 Sacramento, CA

Phone: 916-454-1771

24/7 Helpline: 916-454-1100 Roseville Phone: 916-624-6807

Tahoe Phone: 530-546-1126 / 530-541-1243

Auburn Phone: 530-888-3607 Grass Valley Phone: 530-272-6287

www.aasacramento.com

www.acypaa.org

Al-Anon/Alateen

Meeting Information: 888-425-2666 Sacramento Phone: 916-454-1100

Tahoe Phone: 530-546-1126 / 530-541-1243

Info Center: 916-334-2970

www.al-anon.org

Celebrate Recovery

Fridays 7 p.m. to 9 p.m.: 8191 Sierra College Blvd Roseville, CA Daily 6 p.m. to 8 p.m.: 6401 Stanford Ranch Rd. Roseville, CA Tuesdays 6:30 p.m. to 8:30 p.m.: 890 Glenn Dr. Folsom, CA

Thursdays 7 p.m. to 8 p.m.: Online Zoom Meeting (Register Online for Link)

www.baysideonline.com/recovery

Co-Dependents Anonymous (CODA)

Main Helpline: 888-444-2359 Spanish Helpline: 888-444-2379

3126 Olympic Way Auburn CA Thursdays at 7:30 p.m.

5400 Barton Rd. Loomis, CA Mondays at 7 p.m.

https://coda.org/



Narcotics Anonymous (NA)

PO Box 4280 Auburn, CA

Main Helpline: 530-645-1635

www.sfana.org

Parkside Auburn Ministries

3885 Richardson Drive Auburn, CA

Phone: 818-321-5014

Tuesdays at 6:30 p.m. & Wednesday at 6:30 p.m.

Email: drdanelloitt@icould.com

www.parksideauburn.com/parkside-ministries/recovery/

Sierra Native Alliance White Bison/Warrior Down Groups

610 Auburn Ravine Rd. #G Auburn, CA

Phone: 530-888-8767

https://www.sierranativealliance.org/

^{*}Many local churches offer self-help groups, check with their local office*



Public Assistance

Placer County Health and Human Services

DeWitt Center - Auburn 11542 B Avenue, Auburn, CA Main Helpline: 530-889-7610

Auburn

3091 County Center Drive #290, Auburn, CA

Main Helpline: 530-745-3135

Rocklin

1000 Sunset Blvd. #200 Rocklin, CA

Main Helpline: 916-784-6000

North Lake Tahoe 5225 North Lake Blvd. Carnelian Bay, CA

Main Helpline: 530-546-1900

Programs for the above include food stamps, Medi-Cal health insurance, Medical Care Services Program (MCSP), CalWORKS/TANF, Housing Choice Voucher Program and General Relief / Assistance. To apply, applicant must bring the following:

- Photo ID
- Social Security / Alien Status / Temporary Residency Card
- Verification of Placer County residency (rent/lease agreement in applicants name, note from landlord or roommate, or utility bill in applicants name)
- Verification of income (pay stub, benefits, tax return or log of cash receipts or other miscellaneous income)
- Verification of Assets
- Applicant may also be asked for proof of free services attained (housing, utilities, food, etc), vehicle registration, life or health insurance policies, medical application documents, or other documents determined necessary by the eligibility worker.



Social Security Office

National Toll Free Helpline: 800-772-1213

11855 Edgewood Road, Auburn, CA

Main Helpline: 866-931-6087

910 Cirby Way, Roseville, CA Main Helpline: 866-348-7830

Hours: Monday to Friday 9:30am to 4:30am. Closed on Federal Holidays.



Youth and Family Services

Above All Adventures

Contact - Mike Pugh: 530-852-2128

https://www.facebook.com/abovealladventures

www.abovealladventures.org

Email: <u>abovealladventures@gmail.com</u>

Nonprofit organization that provides and experiential seminar and outdoor adventure program for teens based in and around Auburn, CA. Provides teens with opportunities to challenge themselves and learn life skills, and to build team and leadership skills.

Auburn Hip Hop Congress

808 Lincoln Way, Auburn, CA 95603

Phone: 530-368-4455

https://www.facebook.com/HHC530

https://auburnhiphopcongress.mystrikingly.com/

Email: nataliepohley@gmail.com

Nonprofit organization for teens and young adults that offers positive events, concerts, and open mics, arts and music workshops, youth ambassador programs, leadership trainings, and community service opportunities.

Boys & Girls Club

679 Lincoln Way, Auburn, CA 95603

Phone: 530-889-2273 www.bgcplacercounty.org

Nonprofit organization for kids and youth. Homework assistance, sports, arts, dance, nutrition, games, safety/prevention programs, computers, career programs, after school programs, summer camp, and more.



California Conservation Corps

808 Lincoln Way, Auburn, CA 95603 Mainline: 800-952-JOBS (5627)

Auburn Phone: 530-823-4900 Tahoe Phone: 530-577-0850

Sacramento Phone: 916-341-3224

www.ccc.ca.gov

Nonprofit organization for you men and women ages 18-25. Cannot be on probation or parole. Participants work outdoors to protect and restore California's natural environment and respond to disasters. Classes in career planning, specialized training courses and more.

<u>California Friday Night Live Partnership</u>

11573 C Ave. Auburn, CA 95603

Phone: 530-889-7161 www.fridaynightlive.org

Email: placercoyouthcommission@gmail.com

Encourages youth-adult partnerships and facilitates positive drug free events for teens. Local chapters throughout the state.

California Youth Crisis Line (CA Coalition for Youth)

24/7 Phone: 800-843-5200 www.youthcrisisline.org

Crisis counseling, information and referrals, connection to services, confidential. For youth and families. Multiple languages.

Child Advocates of Placer County

3715 Atherton Rd. #1 Rocklin, CA 95765

Phone: 530-887-1006 www.casaplacer.org

Email: info@casaplacer.org



Nonprofit organization that provides foster children with court appointed special advocates (CASAs), at risk youth with dedicated Adult to Youth (A2Y) mentos, and at-risk parents with family mentors.

Crisis Resolution Center (Koinonia Family Services)

Loomis, CA

24/7 Phone: 866-251-7584 www.kfh.org/services/crc.cfm

Free and confidential services for teens and their families in crisis. 6 bed co-ed short term group home facility for ages 12-17. Provides counseling and reunification services, conflict resolution, referrals and more. The minor cannot currently be on formal probation, in foster care, or suicidal.

<u>iFoster</u>

Loomis, CA

Phone: 855-936-7837

www.ifoster.org

Email: support@ifoster.org

Hundreds of free or greatly discounted products and services available through iFoster's corporate, government, and nonprofit partners to help with school, youth employment, recreational activities, parenting childcare, health, household expenses, food, clothing, and other personal needs. To qualify, must be one of the following: transition age foster, kinship, or probation youth (16-24); foster family, kinship family, or relative caregiver, legal guardian, adoptive family, or an agency serving one of these.

K.E.Y.S

1000 Sunset Blvd #140 Rocklin, CA 95677

Phone: 916-784-6437 (Contact Michelle Graf)

Collaborative program with the Placer County Office of Education, Department of Rehabilitation and PRIDE Industries that provides pre-vocational training and job placement to youth ages 16-19, who are or have been in out-of-home placement, reside in or attend school in Placer County, and have a disability.



Kids First

124 Main Street, Roseville, CA

Phone: 916-774-6802

11960 Heritage Oaks Place #3, Auburn, CA

Phone: 530-887-3536

Email: info@kidsfirstnow.org

www.kidsfirstnow.org

Parenting classes, family counseling, healing therapy for child victims of abuse and neglect. Assistance with enrollment in Medi-Cal, CalFresh and WIC. After school activities for kids. Parenting education, training, job readiness classes, and coaching. Sliding fee scale. Bilingual services. Childcare available on site.

KidZKount

1166 High St, Auburn, CA Phone: 530-885-KIDS (5437) Toll Free Phone: 800-655-0432 Application Line: 530-886-4122

www.kidzkount.com

Free programs for infants and toddlers, preschool, Prenatal – age 5, Head Start, supportive home visiting program. Sites throughout Placer and Nevada Counties. Non-profit agency funded by the Department of Health and Human Services.

K.I.N.D (Kids in Need of Diversion Program)

1509 Grass Valley Hwy, Auburn CA 95603

Phone: 530-887-9245 Fax: 530-887-1379

www.goldenlifeskills.org

Nonprofit organization that provides an education-based intervention and diversion program for youth 11-17 years old. Topics include anger management, bullying, gangs, communication, conflict resolution, drugs/alcohol, smoking,



cheating, fighting, theft, truancy, stress, and more. Other programs include Co-Parenting and Men, Infants, and Children (MIC).

Latino Leadship Council

2945 Bell Rd. #274 Auburn, CA

Phone: 530-333-9230

www.latinoleadershipcouncil.org

Nonprofit organization that provides a wide variety of services including substance abuse prevention, gang prevention, teen pregnancy prevention, Parent Project, youth activities, and health services to Spanish speaking populations.

Placer County Children's System of Care

1000 Sunset Blvd. #140 Rocklin, CA

Phone: 916-784-6440

11716 Enterprise Drive Auburn, CA

Phone: 530-889-6700

www.placer.ca.gov/departments/hhs/children

Placer Sheriff's Activities League (PSAL)

Phone: 916-652-2422

Email: psal7725@gmail.com

www.placerpsal.com

Activities and events after school three days a week for local youth, including: mentoring, leadership and promoting good decision making through sports and/or presentations. The program also implements a drug and gang prevention environment. Hosted by Placer County Sheriff's Deputies, Placer County Probation, Children System of Care, Latino Leadership Counsel and KidsFirst. Free of charge.

Roseville Police Activities League (RPAL)

Phone: 916-772-7725



Email: rosevillepal@yahoo.com
www.rosevillepal.org

A safe and supervised environment for recreational, athletic, social, education, and cultural activities. Provides a variety of programs that appeal to the different interests of children and young adults. Free of charge.

Sierra Native Alliance

610 Auburn Ravine Rd Ste G, Auburn, CA

Phone: 530-888-8767 Fax: 530-888-8757

www.sierranativealliance.org

A variety of services including outpatient treatment, parenting classes, family services, cultural education, and youth programs with a Native American perspective.

Stand Up Placer

11985 Heritage Oaks Place Ste #200 Auburn, CA

Phone: 530-885-0443

775 Sunrise Ave Ste. #160 Roseville, CA

Phone: 916-773-7273

24/7 Hour Crisis Line: 800-575-5352

www.standupplacer.org

A private, non-profit community-based organization that provides services to victims of domestic violence and sexual assault in Placer County. Services include: emergency housing, 12-24 month supportive housing, crisis intervention, social and legal services, support groups and counseling.

Unity Care

11716 Enterprise Drive, Auburn, CA

Phone: 530-886-5473 www.unitycare.org



Community-based, non-profit, multi-service youth and family development agency. Educational and social programs for at-risk youth and their families.

Offers the TIP program (Transition to Independence Process) for ages 14-24 who are experiencing emotional, behavioral, or other challenges.

Whole Person Learning

11816 Kemper Rd, Auburn, CA

Phone: 530-823-6903 Phone: 530-823-2499 Fax: 530-823-6190

A variety of programs that help foster youth transitioning to adulthood. Offers career counseling, college preparation, housing assistance (HOPE and THP Plus), and other classes.

Youth Empowerment Support (YES)

11716 Enterprise Dr., Auburn, CA

Phone: 530-886-5461

Email: <u>LPorta@placer.ca.gov</u>

www.youthempowermentsupport.com

Provides opportunities and trainings for community and system transformation as well as direct support, groups, and leadership opportunities for young people at risk of, in, or emancipating out of system services.



Mental Health and Counseling Services

Adult Mental Health Services Intake Line

Phone: 888-886-5401

A no cost service to request mental health services

Affordable Counseling and Educational Services

3101 Sunset Blvd #6-C Rocklin, CA

Phone: 916-630-9188 Fax: 916-251-7523

www.affordablecounseling.net

Parenting, co-parenting, anger management, 52-week domestic violence, supervised visits, women's healing groups, individual/couples/family counseling. Services for men and women, English and Spanish and are located throughout Placer and Sacramento Counties. Fees are on a sliding scale.

<u>Alternatives to Violence Project</u>

PO Box 3294 Santa Barbara, CA 93130

Phone: 800-905-6765 www.avpcalifornia.org

A multicultural 501(c)3 organization offering experiential workshops that empower individuals to lead peaceful lives through affirmation, respect for all, community building, cooperation, and trust. AVP builds on a spiritual base of respect and caring for self and others, working both in prisons and with groups in the community. Workshops are open to anyone who wishes to attend. The only requirement is that the participant attends voluntarily. Fees are reasonable, with a sliding scale ranging from \$25 to \$125; your choice. Scholarships are available. No one is turned away for lack of funds.

Beautiful Minds Medical

13300 New Airport #100 Auburn, CA

Phone: 530-889-8780



www.beautifulmindsmedical.com

Psychiatric services including counseling, intensive outpatient, and assessment. Holistic approach. Variety of medical insurance accepted.

C.A.L.M.

152 Maple St. #C Auburn, CA

Phone: 530-888-7958

www.keslerbrockhoff.com

Email: pkesler@wizwire.com (Pam Kesler) & olbreazy@gmail.com (Jerry Watkins)

Anger management, state-certified and court approved 52-week domestic violence program. Bilingual (English/Spanish). Sliding fee scale.

Cal Voices

720 Howe Ave. Ste 102 Phone: 916-366-4600

https://arc.mhanational.org/user/mhanorthcalifornia

Cal Voices is a 501(c)(3) public benefit organization dedicated to improving the lives of residents in the diverse communities of California through advocacy, education, research, and culturally relevant peer support services. In all its programs, Cal Voices works with individuals and families with mental health challenges to promote wellness and recovery, prevention, and improved access to services and supports

Center for Violence Free Relationship

344 Placerville Drive #11, Placerville, CA

Phone: 530-626-1450

Crisis Phone: 530-626-1131 www.thecenternow.org

Assists victims of domestic violence and/or sexual assaults and their families with shelter, counseling, legal service, and children services. Men's groups available.



Chapa De

11670 Atwood Rd. Auburn, CA

Phone: 530-887-2800

1350 E. Main Street Grass Valley, CA

Phone: 530-477-8545 www.chapa-de.org

Medical, dental, optometry, mental health, substance abuse, and health and wellness services. They do not accept Medi-Cal or insurance, but they have grant funding available for people who meet those requirements. Free for Native Americans.

Heartstrings Counseling

6135 King Road, Ste. D Loomis, CA

Phone: 916-676-7405

www.heartstingscounseling.org

Non-profit agency, sliding scale. Therapy for individuals, couples, families, teens, and children. Address a variety of issues including mental health, grief, domestic violence, substance abuse, parenting, addiction, trauma, and stress.

Heritage Oaks

1899 E. Roseville Pkwy #150 Roseville, CA

Phone: 916-784-2626

Services: Outpatient psychiatric services for adults and teens

2945 Ramco St. #180, West Sacramento, CA

Phone: 916-371-8863

Services: Outpatient psychiatric services for adults

4300 Auburn Blvd. Sacramento, CA

Phone: 916-480-5101

Services: Outpatient psychiatric services for adults

4250 Auburn Blvd. Sacramento, CA



Phone: 916-489-3336 Services: Inpatient

www.heritageoakshospital.com

Full service mental health facility for adults and adolescents. Inpatient as well as intensive outpatient program for co-occurring clients. Most insurance accepted, including Medi-Cal and Medicare.

Insights Counseling Services

263 Nevada Station, Auburn, CA 8207 Sierra Blvd. #510, Roseville, CA 565 Brunswick #10, Grass Valley, CA

Phone: 530-887-1300

www.insightscounselinggroup.org

Counseling and grief recovery for adults, children, and families.

<u>Lighthouse Counseling and Family Resource Center</u>

110 Gateway Drive #210, Lincoln, CA

Phone: 916-645-3300 www.lighthousefrc.com

Non-profit organization. No cost counseling, support, family resources, mental health services and classes. English and Spanish speaking. Classes include: 12-week anger management, literacy, parenting, co-parenting WIC. Support groups for depression/anxiety, Hispanic support group, and women's empowerment.

ManAlive/MAV Center

200 Tuttle St. Auburn, CA

Phone: 530-392-0714

Email: david@mavcenter.org

www.mavcenter.org

Nonprofit men's program committed to helping age 16 and older stop violence to themselves, their partners, and their community. Court approved 52-week domestic violence (BTP). Classes in Auburn and Roseville.



Malaika Hill-Jones, LMFT

418 Alhambra Blvd. Sacramento, CA

Phone: 916-541-2258

Email: malaikahilljoneslmft@gmail.com

www.mhjtherapy.org/my-practice

Substance abuse, mental health and forensic assessments; parenting and coparenting classes; individual, family and couples counseling. Sliding fee scale; insurance accepted, as well as payments through CalVP (crime victims and families).

Melissa Freitas, LMFT

5180 Grove Street, Rocklin, CA

Phone: 916-677-7800

Email: mfrietastherapy@gmail.com

www.mfreitastherapy.com

Substance abuse, mental health, and forensic assessments; parenting and coparenting classes; individual, family and couples counseling. Sliding fee scale. Medi-Cal, Blue Cross, Blue Shield, MHN insurance accepted.

Nami – National Alliance for the Mentally Ill

P.O. Box 7706 Auburn, CA

Phone: 916-554-0554

Crisis Hotline: 800-654-3937 Email: AMIH@amihousing.org

www.namipc.org

Assisted living program – the Summit House in Auburn. Monthly care and share meetings for family members of loved one with mental health issues who need information and emotional support. Family to family program, free 12 weekly sessions to help family members understand and support their mentally ill relative.

National Domestic Violence Hotline

Phone: 800-799-7233



Northern Valley Catholic Social Services

2400 Washington Ave Redding, CA

Phone: 530-241-0552

www.nvcss.org

Provides low-cost or free mental health, housing, vocational, and support services to individuals and families in California's Northern Sacramento Valley.

Pacific Counseling and Trauma Services

706 Natoma St. Folsom, CA

Phone: 916-608-4569

www.pacifictraumacenter.com

Individual, couples, and family therapy for any type of emotional trauma. Also offers EMDR, brain spotting, and somatic archaeology forms or therapy. There is also a 501©3 non-profit sector to offer services to individuals regardless of their ability to pay.

Pacific Educational Services

901 H Street, Ste #103 Sacramento, CA

Phone: 530-241-0552

11837 Kemper Rd #2, Auburn, CA

Phone: 530-888-1010 www.pesprograms.com

Parenting and co-parenting program certified 52-week Batterer's Treatment program, 52 week Child Abusers Treatment Program, anger management, diversion, DUI, and Theft Education. Services are also available in Spanish.

Placer Counseling Center

1230 High Street Ste 118B Auburn, CA

Phone: 530-887-1637

Email: placercounseling@sbcglobal.net

www.placer-counseling.marriage-family.com



Nonprofit agency, reasonable fees and sliding fee scale, flexible appointments. Educational programs include parenting, sexual abuse education, anger management groups, life skills, supervised visitation for families, psychotherapeutic/educational groups, and individual and family counseling.

Placer County Adult Systems of Care

11512 B Ave, Dewitt Center, Auburn

Phone: 530-889-7293

https://www.placer.ca.gov/2158/Adult-System-of-Care

Nonprofit agency, reasonable fees and sliding fee scale, flexible appointments. Educational programs include parenting, sexual abuse education, anger management groups, life skills, supervised visitation for families, psychotherapeutic/educational groups, and individual and family counseling.

Placer Dispute Resolution Service

P.O. Box 1771, Loomis, CA

Phone: 916-771-0108

www.pdrs.org

Mediation is a way for people to work out their problems and arrive at mutually agreeable resolutions with the help of trained, impartial mediators who facilitate productive, future focused communication between the parties.

Redefining You Therapy

3105 1st Street, Sacramento, CA

Phone: 916-956-6232

www.redefiningyoutherapy.com

An independent psychotherapy practice located in the historic Oak Park community of Sacramento, California. They treat individuals with a wide range of psychiatric disorders and behavioral conditions including depression, anxiety, chemical dependence, personal growth, and life coaching.



Sacramento County Behavioral Health Services

4600 Broadway, Sacramento, CA

Phone: 916-875-1055

7001-A East Parkway Ste. 400, Sacramento, CA

Phone: 916-875-7070

https://dhs.saccounty.gov/Pages/DHS-Home.aspx

Sierra Mental Wellness Group

406 Sunrise Ave #300 Roseville, CA

Phone: 916-783-5207

Email: staff@sierramentalwellness.org

2690 Lake Forest Rd. #B, Tahoe City, CA

Phone: 530-581-4054

560 Wall Street #D Auburn, CA

Phone: 530-885-0441

www.sierramentalwellness.org

Comprehensive Outpatient Mental Health Therapy. Mental Health Assessments. Child and Adolescent Therapy. 52-week Certified Domestic Violence Program. Parenting Enhancement Program. They accept Anthem Blue Cross Medi-Cal and California Health and Wellness Medi-Cal. Sliding scale. Do not accept Medicare or any secondary insurance in the Outpatient Clinics.

The Trevor Project

Crisis Line: 866-488-7386 www.thetrevorproject.org

The Trevor project is the leading national organization providing crisis intervention and suicide prevention services to LGBTQ youth.

Turning Point Coloma Center

1830 Sierra Gardens Ste 10, Roseville, CA 381A Nevada Street Auburn, CA



Phone: 916-786-3750 Fax: 916-786-3761

www.tpcp.org/coloma-center

Coloma Center is an intensive outpatient mental health treatment program that provides services designed to collaborate with individuals with a serious mental illness (SMI). The program supports individuals who are at risk of or currently involved with the criminal justice system, multiple psychiatric hospitalizations, out of home placement, homelessness, or risk of homelessness.

<u>United Advocates for Children and Families (UACF)</u>

2035 Hurley Way Sacramento, CA

Phone: 916-643-1530 www.uacf4hope.org

Family and friend coordinators/family advocates for families of loved ones with mental, emotional, and behavioral issues; programs and services for parents with children with mental health challenges.

VIP (Violence Intervention and Prevention) ManAlive

P.O. Box 216225 Sacramento, CA

Phone: 916-484-6738

Crisis Hotline: 1-877-366-8935 (DON'T-YELL)

Classes Held At: 3101 Sunset Blvd. Bldg 6, Room C, Rocklin, CA Mailing Address: 6100 Horseshoe Bar Rd Ste A #229, Loomis, CA

www.vip-manalive.com

Court Approved 52-week Batterer's Treatment program. Classes in Auburn and Roseville. WomanAlive program also available.

Women Escaping a Violent Environment (WEAVE)

1900 K Street, Sacramento, CA

Phone: 916-920-2952 Toll Free: 866-920-2952

www.weaveinc.org



Crisis intervention services for survivors of domestic violence and sexual assault in Sacramento County. Also provides outreach and services for international and domestic victims of human trafficking. Services for teens and adults. Confidential emergency temporary housing.

Wellspace Health

5 Medical Plaza Drive, Ste. 170, Roseville, CA 1710 Prairie City Road, Ste. 125, Folsom, CA

Phone: 916-737-5555

www.wellspacehealth.org

Substance Abuse treatment and counseling, mental health services, and AIDS education and prevention. Co-ed. Medi-Cal and Medicare accepted.



Veteran's Service

A Bridge to Life Center at Mission Solano

310 Beck Ave, Fairfield, CA

Phone: 707-425-3663

www.missionsolano.org/how-we-help/bridge-to-life

Faith-based, non-profit organization. Emergency shelter, housing, food and mental health counseling for veterans and families.

CalVet

2007 19th Street Sacramento, CA

Phone: 916-874-6811

1000 Sunset Blvd #115 Rocklin, CA

Phone: 916-780-3290

988 McCourtney Rd. Grass Valley, CA

Phone: 530-272-3182 www.calvet.ca.gov

Information on resources and referrals for veterans including: housing, employment, education, healthcare, benefits, and services.

Dr. Paige Brown

254 Colfax Ave #B, Grass Valley, CA

Phone: 530-274-9509 Email: pbrown@oro.net

No cost counseling, psychological services, psychological evaluations and advocacy for combat veterans of any era.

<u>Forgotten Soldier</u>

991 Lincoln Way Auburn, CA

Phone: 530-889-2300

Email: info@forgottensoldierprogram.org



www.theforgottensoldierprogram.org

Free program offering services such as mentoring, holistic healing, life skills tools, education, various types of therapy and counseling for all who have served in any branch of the U.S. military, regardless of discharge type.

Gold Country Chaplaincy

P.O. Box 654 Lincoln, CA Phone: 916-259-1001

Email: golddcountryadmin@gmail.com

www.goldcountrychaplaincy.org

Christian-based, non-profit organization that provides services such as: grief support, crisis counseling, and spiritual support for first responders, military veterans, and their families.

National Call Center for Homeless Vets

24 Hour Phone: 877-424-3838

Sacramento Veteran's Resource Center

7270 East Southgate Drive Sacramento, CA

Phone: 916-393-8387 Fax: 916-393-8389

Email: vvcsac@vetsresource.org

www.vetsresource.org

A multi-function campus with a small business outreach center, employment assistance, training and counseling, housing for homeless veterans (including women and their children), and a residential drug/alcohol treatment center.

Social Security Disability for Wounded Warriors

Phone: 800-772-1213

TTY for hearing impaired: 800-325-0778 www.socialsecurity.gov/woundedwarriors



Military service members can receive expedited processing of Social Security disability claims. The benefits available are different than those from the Department of Veterans Affairs and require a different application. For service members who became disabled on or after October 1, 2001, and it doesn't matter where the disability occurred.

Sacramento Veteran's Resource Center

7270 East Southgate Drive Sacramento, CA

Phone: 916-393-8387 Fax: 916-393-8389

Email: vvcsac@vetsresource.org

www.vetsresource.org

A multi-function campus with a small business outreach center, employment assistance, training and counseling, housing for homeless veterans (including women and their children), and a residential drug/alcohol treatment center.

The Soldier's Project

7270 East Southgate Drive Sacramento, CA

Phone: 916-792-3728 Toll Free: 877-576-5343

Email: info@soldiersproject.org www.thesoldiersproject.org

Private, non-profit independent group of licensed mental health professionals. Free, confidential mental health treatment for veterans and loved ones who served in Iraq and/or Afghanistan since 2003, regardless of discharge or branch of service.

<u>Veteran's Affairs (VA)</u>

Information/Referrals 2995 First Street Auburn, CA

Phone: 530-889-7968

Outpatient

3123 Professional Drive #25 Auburn, CA



Phone: 530-889-0872

https://www.placer.ca.gov/2487/Veterans-Resources

www.usa.gov

Vietnam Veterans of America, Sacramento Valley Chapter 500

7368 Whyte Ave, Citrus Heights, CA

Phone: 916-481-6020 www.sacvva500.org

Volunteers of America – Northern CA and Northern NV

3434 Marconi Ave, Sacramento, CA

Phone: 916-265-3400 www.voa-ncnn.org

Housing and temporary financial assistance available for low-income veterans and their families.



Other Services & Programs

Alta California Regional Center

2241 Harvard Street #100, Sacramento, CA

Phone: 916-978-6400 www.altaregional.org

Assists with coordinating services and support for individuals with developmental disabilities, including mental retardation, cerebral palsy, epilepsy, autism. To qualify for services, the onset of the disability had to occur prior to the age of 18 and be expected to continue indefinitely.

California Victim Compensation Program

Phone: 800-777-9299

Email: info@vcgcb.ca.gov

www.victimcompensation.ca.gov

A program that can help victims pay bills and expenses that result from certain violent crimes. The VCP can help victims of crimes and their families such as domestic violence, child abuse, assault, drunk driving, robbery, homicide, and sexual assault. Related expenses can be medical/dental bills, counseling, income loss, funeral expenses, home or vehicle modifications, relocation, crime scene clean-up, etc.

Placer County Victim/Witness Program is operated through the Placer County District Attorney's Office.

10810 Justice Center Drive, Roseville, CA

Phone: 916-543-8000

Connections Workforce Development (Golden Sierra)

115 Ascot Drive #180, Roseville, CA

Phone: 916-746-7722 ext. 102 www.goldensierra.com/jobs



Free services include job search assistance, "How-to" sessions and workshops. Computers and various information available. Must have a current ID card or driver's license and a social security card.

Department of Rehabilitation

11641 Blocker Drive #125 Auburn, CA

Phone: 530-823-4040

151 N. Sunrise #601, Roseville, CA

Phone: 916-774-4400

www.dor.ca.gov/

Service for individuals who have a mental or physical disability and who have a desire to be gainfully employed. Services include career training and assistance to obtain employment. Free of Charge.

Goodwill Industries

Phone: 800-GOODWILL www.goodwill.org

Customized job training, employment placement, and other services for individuals who have disabilities, lack education or job experience, or face employment challenges. Also do other community programs.

Health Express

12183 Locksley Lane #205 Auburn, CA

Phone: 530-878-9222

151 N. Sunrise #601, Roseville, CA

Phone: 916-774-4400

www.dor.ca.gov/

Service for individuals who have a mental or physical disability and who have a desire to be gainfully employed. Services include career training and assistance to obtain employment. Free of Charge



Helping Hearts

Phone: 916-368-7200 www.helping-hearts.org

Nonprofit organization. Free assisted and independent living placement, in home care services, board and care homes, financial and insurance services, power of attorney/trusts, conservatorships, and more for elderly and disabled individuals.

Legal Services of Northern California

190 Reamer Street, Auburn, CA

Phone: 530-823-7560

515 12th Street, Sacramento, CA

Phone: 916-551-2150

https://lsnc.net/

Provides free legal assistance to individuals and groups who meet income eligibility requirements. Services range from referrals to representation, depending on the client's needs. LSNC can provide legal assistance with housing, health rights, income maintenance, and civil rights. LSNC cannot assist with criminal defense, accident, child support, divorce, bankruptcy, personal injury, traffic, estates, or will preparation. Can provide limited assistance for Pro Per litigants in civil cases including family law, landlord/tenant, small claims, guardianship, and debt collections.

MHSA TAY Level 1

Phone: 916-786-3750 ext. 2117 (Victoria Salas)

Email: victoriasalas@tpcp.org

A voluntary program collaboration between Whole Person learning, Turning Point, and Placer County ASOC. Peer support for transitional age youth (ages 18-25) with mental health challenges. Transition support areas include education, employment, housing, transportation, health and safety, financial management, connections to community resources, etc.



Mothers Against Drunk Driving (MADD)

4629 Whitney Ave Sacramento, CA

Phone: 916-481-6233 www.madd.org/ca

Victim support groups, advocacy program to reduce drunk driving. Victim Impact Panel (required for DUI offenders). For the victim impact panel, call 800-426-6233 or visit www.maddcalifornia.org/vip

<u>Placer Adult Literacy Program</u>

350 Nevada Street Auburn, CA

Phone: 530-886-4530

Email: pals@placerlibrary.org

Victim support groups, advocacy program to reduce drunk driving. Victim Impact Panel (required for DUI offenders). For the victim impact panel, call 800-426-6233 or visit www.maddcalifornia.org/vip

Placer Adult Literacy Program

350 Nevada Street Auburn, CA

Phone: 530-886-4530

Email: pals@placerlibrary.org

Free service for Placer County residents who want help with their reading and writing skills. Free of charge, available throughout the county.

<u>Placer County Department of Child Support Services</u>

1000 Sunset Blvd. #200, Rocklin, CA

Phone: 866-901-3212

5225 N. Lake Blvd Carnelian Bay, CA

Phone: 866-901-3212



Can assist with establishing a court order for child support, modify a current support order, release of a driver's license hold due to nonpayment of child support, requesting a compromise of arrears (past due support).

Placer County Family Court and Legal Help Center

10820 Justice Center Drive Roseville, CA

Phone: 916-408-6000

www.courtinfo.ca.gov/selfhelp

Placer Re-Entry Program (PREP)

10810 Justice Center Drive #170 Roseville, CA

Phone: 916-543-7453

Email: PlacerPREP@placer.ca.gov

1915 Grass Valley Hwy #400 Auburn, CA

The Placer County PREP Center is a program available to men and women residing in Placer County. The objective of the PREP center is to provide clients with oneon-one and group level services to assist with their successful transition into the community. The PREP center provides both in custody and out of custody programs tailored to the specific needs of the individual client. All clients receive risk, needs, education and employment assessments leading to the development of an individual service planning (ISP). Each client is assigned a dedicated case manager who works with the client to develop solutions and assist with re-entry into the community. The case manager, together with the client, develops a unique course of study designed to increase success and decrease the likelihood of returning to prison or jail. Clients are expected to maintain 80% overall attendance in required courses, submit to random drug screenings, and be compliant with probation term and conditions. If accepted, clients will be able to participate in a per apprenticeship training program in construction and construction related fields through the Northern California Construction Training program. With over 20 unique skills taught, clients will be prepared to enter the workforce in the growing construction trade industry.

Placer School for Adults

3755 Richardson Drive Auburn, CA



1919 Grass Valley Hwy #100 Auburn, CA

Phone: 530-885-8585 http://placeronline.org www.ed2go.com/placer

PRIDE Industries Youth Services Program

10030 Foothills Blvd Roseville, CA

Phone: 800-550-6005

Email: <u>info@prideindustries.com</u>

Qualifying Placer County residents ages 17-21 years old can receive assistance with enrolling in school/classes, tutoring, building employment skills, individualized support, paid work intern experience. Transportation assistance.

Red Cross

1565 Exposition Blvd Sacramento, CA 95815

Phone: 916-993-7070

Roseville Adult School

200 Branstetter Street Roseville, CA

Phone: 916-782-3952 Fax: 916-782-4361

www.rjuhsd.com/rosevilleadult

Women's Empowerment

1590 N. A Street Sacramento, CA

Phone: 916-669-2307

A nonprofit organization that works with homeless women to help them build the skills they need to go back to work and maintain stable housing, 8-week free program. Daycare and transportation assistance provided. Women receive health education, nutrition, smoking cessation, and relapse prevention. Access to healthcare including eye exams, dental visits, access to care from a private physician, child development assessments, yoga, fitness, and more.